



**NORTH WALES REGIONAL ATHLETICS COUNCIL  
MINUTES OF THE MEETING HELD ON FRIDAY 1<sup>st</sup> NOVEMBER 2019**

**Present:** P. Brooks (P.B.), D. Davies (D.D.), K. Hatton (K.H.), C. Backshall (C.B.), M. Blake (M.B.), A. Lewis (A.L.) L. Davitt (L.D.), and M. Robbins (M.R.), D. Edwards (D.E.).

**Apologies for Absence:** S. McCormack, B. Edwards, M. Green, A. Bowyer, E. Brewer, R. Frost and J. Hatton.

**1.0 Minutes of the last meeting and Matters Arising:** (previous minutes in italics): Accepted as a true record.

**1.1 4(c)** It was noted that the full amount of £1120.80p had been settled by Welsh Athletics (W.A.).

**1.2 7.1.1.** Eden o' Dea is a member of Deeside A.C., as is Gwyneth Parry; Sioned Cordiner is a member of Wrexham A.C.

**2.0 Chair's address:** K.H. reported on (a) the motion submitted by N.W.R.A.C. to the W.A. A.G.M. regarding the Inter Region track and field championships, was not read on a technicality, but will be taken forward for discussion within the various departments/committees (b) the proposal regarding accompanying a blind/sight restricted athlete has been adopted by W.A. Chris Moss will also be overseeing grant funding for 2020/21 and he will be invited to give a video presentation at our next meeting.

(c) in response to a request from James Williams, Head of Operations at W.A., it was agreed to hold our meetings in 2020 on the following dates: 14/2, 17/4, 19/6 (A.G.M.), 14/8, 16/10 and 11/12 (d) the Regional cross country championships are set for 4/1 and the indoor track and field championships for the 12/1; the 200m, 300m and 600m indoor championships will again be held within the indoor facility in Manchester (e) she reported that the Clubs Conference was well attended, although it clashed with the British fell running championships; Arwel Lewis and Matt Ward will be joint team managers for trail and mountain running.

**3.0 Clubs Conference in the North:** C.B. reported on the Forum and felt that those attending put forward positive suggestions on possible improvements. Several members of W.A. staff were in attendance and it was hoped that this will become an annual event in the North.

**4.0 Treasurer's report:** D.D. reported on (a) the income and expenditure since the last meeting. (b) The relay championships had made a small profit, but an invoice for a further sum for the Licence had been received. (c) The possibility of making payments direct, rather than by issuing cheques is being investigated.

### **5.0 Regional road relay championships:**

K.H. and P.B. reported that a total of 67 teams had competed. It was agreed that the distances run and the groupings in each race had been appropriate, that the race H.Q. be booked again for 2020, that it was imperative that the sponsorship be retained, and the provisional date of 20<sup>th</sup> September be set. The February meeting will be used to set up a sub-committee to organise the event. It was agreed to add boys and girls aged 9-10 (under 11). The rules for the competition drawn up by P.B. were agreed.

### **6.0 Regional Trail Running Championships:**

P.B. had circulated various race organisers and sent application forms for completion by 31<sup>st</sup> October. Several had not returned the forms in time. After some discussion, it was agreed that the Fairy Freckled Cow race, hosted by Denbigh Harriers on 5/7, would be the championship race next year. The meeting also discussed extending the Championships to cover more distances and it was agreed to return to this topic next year, with a view to possibly introducing this in 2021.

### **7.0 Regional Reports:**

**7.1.1 Trail and Mountain/Fell:** A.L. presented a written report covering (a) at the WMRA Cup match in Italy, Eden O’Dea (Deeside) finished 6<sup>th</sup> and first U.K. finisher. Wales girls finished 4<sup>th</sup> team (b) at the British & Irish junior championships in Llanberis, Eden O’Dea finished 2<sup>nd</sup> in the U/17&U/20 race, earning selection for the World championships in Patagonia on 16/11 (c) Owen Roberts (Hebog) ran for Wales in the Trefeo Vanoni event in Italy. Matt Roberts and Richard Roberts (both Eryri) were in the winning Wales Masters team (d) a fixture list of events for 2020.

**7.1.2. Cross Country:** R. Frost had sent a written report covering (a) the N.W.C.C.L. fixtures at Wrexham and Colwyn Bay had seen a total of 334 women and 425 men compete, with the Junior League at those venues recording a total of 208 young athletes (b) In the N. Staffs League match at Stafford Common, Bryn Woodall (Colwyn Bay) won the U/17 race and Matthew Willis (Wrexham) the senior race (c) Matthew Willis also won the U/20 race at the Cardiff Cross Challenge (d) the combined Inter Region and Schools championships are at Brecon on 16/11, with the British and Irish Masters International in Liverpool and the N. Staffs League match at Stoke also on that date.

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**7.1.3. Road Running:** P.B. reported that (a) the Inter County match at the Flintshire 10km, included Shropshire for the first time, but Staffs were unable to raise teams. The North won both the men's and the women's event, with Tom Roberts (Meirionnydd) 2<sup>nd</sup> and Eiliw Haf (Eryri) 1<sup>st</sup> (b) 6 of our athletes, 3 men and 3 women, competed for the North against the other 3 Regions, a National side and Area teams at the Leeds Abbey Dash 10km. All but one of our athletes recorded personal bests (c) the final Inter County match this year, against Cheshire, is at the Abergele 5 miles on 2 November. The Regional championships are also within this race (d) we have again been given free entries for 4 men and 4 women at the Telford 10km in December (e) based on a simple majority of votes cast the Regional championships for 2020 are: 3/6 Llanrug 5km; 18/1 Twin Piers 10km; 22/2 Rhyl 10 miles ; 16/2 Village Bakery half marathon and on 27/9 the Conwy marathon (f) in the Snowdonia marathon, Martin Green (N.W.R.R.C.) was 3<sup>rd</sup>, Andrea Rowlands (Eryri) was first female and Anna Bracegirdle (Menai) second.

**7.2 Development Officers:**

**7.2.1** Barry Edwards had sent details of the entry forms for the Indoor championships in Coleg Cambria on 12/1.

**7.2.2** Eva Brewer had sent a written report covering: (a) the N. Wales Development Forum, the W.A. national coaching and Clubs conference; presentations by various speakers are available on the website (b) Ella Hunter (Wrexham) received the Junior official of the year award at the W.A. awards night (c) Further Regional event co-ordinators for the North are Phil Jones (speed) and Geoff Ward (multi events). A development day on November 24<sup>th</sup> at Coleg Cambria for ages 13-20 will cover shot, long and high jumps and hurdles (d) a Run Leader event is to be held at Llangollen Sports Club (e) details of Regional courses in Conwy and Denbighshire (f) details of Community Chest application dates for various Counties.

**7.4 Secretary:** P.B. had nothing to report.

**7.5 Track and Field:** Nothing further.

**8.0 Officials Secretaries:**

**8.1** Endurance: The next meeting is set for 18<sup>th</sup> November. The meeting set for 21<sup>st</sup> October was cancelled.

**8.2 Track and field:** no report.

**8.3 Rules and eligibility:** No report.

**8.4 Development Plan:** K.H. will update the document with the various championship dates; the excess amount we will have to pay for Regional medals – over and above our annual allowance – is £1,228.



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**9.0: A.O.B.:** KH reported that Conwy C.B.C. are looking at for-profit road races in the County and whether or not communities benefit from such events.

**10.0: Dates and Venues of the next meetings:** The next meeting will be the A.G.M. to be held at Eirias Park Leisure Centre on Friday 14<sup>th</sup> February, and will commence at 7.00 p.m.